SA CoParents

Sample Psychological Needs Report

Child: Liam
Subject: Psychological Needs
Participants: Avery S. / Quinn S.
November 03, 2026

SAMPLE - fictional example data shown for illustration

SAMPLE REPORT

1. Purpose of This Report

This sample report shows how SA CoParents Align compares the independently provided perspectives of both parents. It identifies areas of alignment, differences in perspective, the child's identified needs, and neutral options for professional guided discussion. It is not designed to determine which parent is right or wrong. The names and answers in this sample are fictional.

2. What Both Parents Agree About

Strong Alignment - both parents indicate that:

- Both parents mentioned "emotional, calm" when describing child's primary need.
- Both parents mentioned "both keep" when describing what is working.
- Both parents mentioned "between" when describing concerns.
- Both parents mentioned "shared" when describing desired improvements.
- Both parents mentioned "counselor, feelings, journal" when describing options you would consider.

3. Where the Parents See Things Differently

The Other Parent's Likely Concerns

Avery S.'s Perspective

Quinn may be concerned about labeling Liam's feelings too early.

Quinn S.'s Perspective

Avery may worry that too much focus on anxiety makes Liam more self-conscious.

Both parents agree that this subject matters for Liam. The difference concerns how the shared goal should be accomplished, rather than the underlying goal itself.

4. Child's Identified Needs

- Emotional security in both homes
- Consistent, calming routines
- Observation without diagnosis
- Access to appropriate professional support
- Both parents receiving the same provider information

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5. Alignment Map

Child's Primary Need	**Strong alignment**
What Is Working	**Strong alignment**
Concerns	**Moderate alignment**
Desired Improvements	**Moderate alignment**
Options You Would Consider	**Strong alignment**
The Other Parent's Likely Concerns	**Needs discussion**

6. Areas for Conversation

- What changes have each parent observed, and when?
- What routines help the child feel settled?
- Should a professional evaluation be considered?
- How will provider information be shared?
- How can transitions be made easier emotionally?

7. Potential Areas of Alignment

Both parents appear aligned around the goal of supporting Liam regarding psychological needs. Although they currently describe different perspectives in some areas, both parents agree that Liam's needs come first and that working toward a shared understanding is worthwhile.

8. Questions for the Parents

- Could the parents agree to support without agreeing on the cause?
- What observations should always be shared?
- Which professional should provide clarity?
- Would a parent consultation with a child specialist help?

9. Possible Next Steps

- Continue Parent Discussion
- Discuss With Mediator
- Consult Teacher / School Counselor
- Consult Child's Professional
- Develop Written Parenting Protocol
- Create Another Joint Report

Alignment Before Agreement

You don't have to see everything the same way to begin working toward meeting your child's needs.

"*We value the parenting system by how well it supports the child, not by how friendly the adults appear.*"

SAMPLE REPORT