SA CoParents

Sample General Co-Parenting Report

Child: Maya
Subject: General Co-Parenting
Participants: Alex R. / Sam R.
November 03, 2026

SAMPLE - fictional example data shown for illustration

SAMPLE REPORT

1. Purpose of This Report

This sample report shows how SA CoParents Align compares the independently provided perspectives of both parents. It identifies areas of alignment, differences in perspective, the child's identified needs, and neutral options for professional guided discussion. It is not designed to determine which parent is right or wrong. The names and answers in this sample are fictional.

2. What Both Parents Agree About

Strong Alignment - both parents indicate that:

- Both parents mentioned "both, expectations, homes" when describing child's primary need.
- Both parents mentioned "bedtime" when describing what is working.
- Both parents mentioned "consistent" when describing desired improvements.
- Both parents mentioned "calendar, check, monthly" when describing options you would consider.
- Both parents mentioned "maya" when describing the other parent's likely concerns.

3. Where the Parents See Things Differently

Concerns

Alex R.'s Perspective

Screen-time rules and weekend plans often change without discussion.

Sam R.'s Perspective

I find the rigid schedule hard when family events come up on weekends.

Both parents agree that this subject matters for Maya. The difference concerns how the shared goal should be accomplished, rather than the underlying goal itself.

4. Child's Identified Needs

- Predictable co-parenting structure
- Consistent expectations between homes
- Reliable information sharing
- Clear parenting roles

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- Reduced child exposure to disagreement

5. Alignment Map

Child's Primary Need	**Strong alignment**
What Is Working	**Moderate alignment**
Concerns	**Needs discussion**
Desired Improvements	**Moderate alignment**
Options You Would Consider	**Strong alignment**
The Other Parent's Likely Concerns	**Moderate alignment**

6. Areas for Conversation

- What co-parenting structure best supports the child?
- How are responsibilities divided day to day?
- What information must always be shared?
- How will disagreements be handled?
- What is already working well?

7. Potential Areas of Alignment

Both parents appear aligned around the goal of supporting Maya regarding general co-parenting. Although they currently describe different perspectives in some areas, both parents agree that Maya's needs come first and that working toward a shared understanding is worthwhile.

8. Questions for the Parents

- Could the parents agree on outcomes without identical approaches?
- What does the child most need from the co-parenting system?
- Would a parenting coordinator help?
- What can the parents agree to try first?

9. Possible Next Steps

- Continue Parent Discussion
- Discuss With Mediator
- Consult Teacher / School Counselor
- Consult Child's Professional
- Develop Written Parenting Protocol
- Create Another Joint Report

Alignment Before Agreement

You don't have to see everything the same way to begin working toward meeting your child's needs.

"We value the parenting system by how well it supports the child, not by how friendly the

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adults appear."

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